

What happens when I'm referred for an adult autism assessment



1 You have been referred for an adult autism assessment



2 You will be invited to a face-to-face appointment to gather more information for your referral. This will take about 30 minutes



The adult autism service check the referral to see if:

- 3**
- a. You already have a diagnosis
 - b. There is enough information from the GP or social worker
 - c. The information suggests you MAY have autism



4 If it looks like you might have autism, you will be sent a pack with questions to answer and send back.



5 An autism specialist called a 'screening clinician' looks at your answers and invites you to have a chat with them. This may take place over a few appointments. This part is called information gathering.



The autism team look at all the information together and decide what the outcome is. The outcomes will be either:

- 6**
- a. They're not sure and need to investigate a bit more
 - b. Yes, you have autism
 - c. No, you don't have autism (they might suggest you have a different condition)



7 The autism team will let you and your social worker or GP know the outcome. They will both tell you what support is available if you want it.



In partnership with:
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With **all of us** in mind.